

**MONROE COUNTY BOARD OF COMMISSIONERS
PROCLAMATION
MEN'S HEALTH MONTH**

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventive health screenings, early detection, and healthy lifestyles; and

WHEREAS, men continue to experience a shorter life expectancy than women and higher rates of many preventable health conditions, including diabetes, obesity, heart disease, certain cancers, and other chronic illnesses; and

WHEREAS, Men's Health Month provides an opportunity to recognize the physical, mental, and emotional health needs of men and boys, while encouraging fathers, caregivers, mentors, and community leaders to serve as positive role models through preventive care, healthy living, and help-seeking behaviors; and

WHEREAS, rising rates of suicide, substance use disorders, alcohol misuse, and other mental health challenges underscore the urgent need to raise awareness of depression, emotional distress, and mental health concerns among men and boys; and

WHEREAS, National Men's Health Week, established by Congress in 1994 and observed annually in June, serves as the centerpiece of Men's Health Month by encouraging greater understanding of the unique health challenges facing men and boys and promoting access to preventive care, education, and supportive resources; and

WHEREAS, the Monroe County Board of Commissioners recognizes that promoting the health and well-being of men and boys contributes to stronger families, a healthier workforce, and a more vibrant community for all residents of Monroe County; and

NOW, THEREFORE, BE IT PROCLAIMED, that the **Monroe County Board of Commissioners** does hereby proclaim June 2026 as Men's Health Month in Monroe County, Georgia, and recognizes June 15–21, 2026, as National Men's Health Week, encouraging all residents to support efforts that promote preventive care, healthy lifestyles, mental wellness, and increased awareness of men's health issues.

PROCLAIMED this 16th day of June 2026, at a regular meeting of the Monroe County Board of Commissioners.

MONROE COUNTY BOARD OF COMMISSIONERS

Attested by:

Lorri Byrd, County Manager

Alan Gibbs, Chairman

John Ambrose, Vice Chairman

Lamarcus Davis, District 1 Commissioner

Eddie Rowland, District 2 Commissioner

Al Turner, District 4 Commissioner